Message from the LMC Chair

We are in the middle of a particularly turbulent time at present in General Practice with both local and national debates about complex and important issues which affect all of us and our patients. Particular hot topics at present are around access, workload and the pros and cons of the PCN DES. There are strong feelings about how we best approach these and improve the working conditions for GPs and our colleagues as well as continuing to provide excellent care to our patients.

We were delighted to send four LMC Representatives to the UK LMC Conference which was held at the Barbican Conference Centre in York mid May. The proposals past help to inform our national negotiators on topic relevant to all of our futures. We have also recently held our Annual LMC Conference which was well attended. We heard from local and national leaders about how recent reforms will affect all our patients and colleagues in the week and months ahead.

David Ward
LMC Chair

Integrated care systems: how will they work under the Health and Care Act? | The King's Fund

Integrated care systems (ICSs): key planning and partnership bodies from July 2022
You may find the attached of some use which describes how the new system should work post 1 July
Partnership Agreements

Cheshire LMC encourages every partner to check that their Deed is up to date and signed by all partners. Every year we are made aware of difficult practice issues that would not have arisen or would have been easy to resolve if the partners had an effective agreement in place.

GPs interested in working part sessions for ME service at Countess of Chester

We are looking to expand our ME team and would like GP colleagues to join the team. Interested GPs could look at the modules and contact details on the RC pathology website if interested. We would be recruiting for 2 sessions: mainly for Mondays and Wednesdays with flexibility to cover annual leave of colleagues.

Universal Smoking Pathway

Smoking cessation is now self referral for all Cheshire patients. Currently patients are being asked to self-refer via the telephone or via the email address at hello@cheshirechangehub.org to access this service.

Full resources will be shared in due course.

Improvement Grant Application Process 2022-2023

The latest improvement grant application process has commenced. Practices should have received details from CCG Estates colleagues and it may be a subject you wish to discuss within your PCNs.

Place to Practice IG
IG Application Form
Confirmation of Tech Compliance Form
Improvement Grant Process Document
PCN Estates Advice Note

NHS Cheshire CCG
6 facet survey comms

Primary Care Data Gathering Programme – Phase 3 (6 Facet Surveys)

NHS Cheshire CCG have been involved in a national programme to learn more about GP practice premises to support local delivery and strategic planning. This programme is being managed by Community Health Partnerships (CHP) on behalf of NHS England. The programme is intended to bring the information held on general practice premises in England up to a consistent baseline standard. NHS Cheshire CCG is supportive of the programme.

The LMC has been kept fully engaged in this process which should help us create a helpful overview of general practice premises in Cheshire.

Cheshire LMC ran a face to face Premises event for practices on 27th April at Nunsmere Hall, it was a very much topical and detailed session with excellent delivery and strategic direction by PCC with a Cheshire & Merseyside ICS update from Lisa Sculpher, Interim Head of Estates and Nick Armstrong, Chief of Information Technology and Estates, Cheshire & Merseyside Health & Care Partnership and a session from James Burchall, Head of Estates and Capital, Cheshire CCG ‘What does this mean locally’?

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**LMC drop-in sessions with GPC England Executive Team**

Every two weeks, LMC members are invited to join an hour call with a member of the GPC England executive team and a member of BMA staff. This is an opportunity for LMC members to raise issues and ask questions. To make these meetings manageable, they will be limited to 30 places. These will be given out on a first-come-first-served basis. We are running this on a pilot basis to begin with, and feedback will be sought from attendees.

If GPs or Practice Managers have any questions for GPC, email them to Julie Hughes at the LMC and we can ask GPC on your behalf.

**UK LMC Conference - Conference resolutions and election results**

Conference news which includes the conference resolutions and election results. Four representatives from Cheshire LMC attended the 2 day conference in York.

**Morning Live on BBC One**

A short film about life in general practice

For a number of years now, the PMA has been working with Denise Smith, Practice Manager at Merepark Medical Centre in Cheshire. The focus on professional development across the entire workforce has been a key driver in achieving successful patient outcomes.

The PMA was approached by the BBC to support the production of a short film for ‘Morning Live’ on BBC One which provided a balanced view of life in general practice. If you missed this short film, you can watch it on BBC iPlayer.

**Guidance**

The ‘Special Rules’: How the benefit system supports people nearing the end of life

Read the Guidance here
Pensions Sessions - COMING SOON! (Free to attend)
As many GP partners come up for retirement, the importance for the retiring and the continuing partners to plan is essential for a smooth transition. This free LMC sponsored remote session will help both the practices and the partners coming up to retirement to plan for their futures as they part ways. We have brought together a primary care specialist team to lead our event:

Justin Cumberlege, a partner at Hempsons, James Gransby, a partner at RSM Accountants and Paul Gordon a partner and pension specialist at MacArthur Gordon.
- Justin will be highlighting issues in partnership deeds, and dealing with contracts, partnership assets and property
- James will be looking at the tax implications of retirement, your ongoing tax obligations, Capital Gains Tax rules and benefiting from reliefs; and
- Paul will explain the current NHS Pension arrangements, the impact of the changes from April 2022 along with the Annual Allowance, Lifetime Allowance and how and timing your retirement to best advantage.

Further details of both sessions will follow soon.

GP Phoenix Programme - Cohort 3 (Free to attend)
Launch event 29th June 2022 2pm - 4pm
Venue: Abbeywood Estate, Delamere, Northwich

- Thinking about what next in your GP career?
- Looking for some support to get you there?

Following the success of our previous 2 cohorts we are pleased to be running cohort 3! The GP Phoenix Programme gives you the opportunity to take time out with peers to explore what is wanted from the next phase in your career, plan what to do and how and when to do it. You will also receive peer and professional support along the way.

GP Phoenix Programme Podcast!
Listen to this episode from Cheshire Local Medical Committee Podcast on Spotify. In episode 3, host Dr Shana Tam chats with Jo Clancy, from Dolphin Blue. They discuss the highly successful GP Phoenix programme for mid-career GPs and explore how participants are guided and taught new skills to empower their future career direction. Jo has designed a brilliant course to help us uncover our deeper motivations, and identify our ‘why’, in a safe and nurturing environment. So if you’re curious to know more about facilitated personal development, do consider signing up to GP Phoenix 3 which is scheduled to start in June 2022.

TO BOOK YOUR PLACE email Julie Hughes at Cheshire LMC

For details of the programme view here where you will find dates/times of sessions and a few words from GP colleagues who have attended the previous programmes.

Cheshire LMC Podcasts!
About
It’s daunting being a newly qualified GP, but you’re not alone! CEO William Greenwood shares Cheshire LMCs purpose and the wide range of support on offer to all Cheshire GPs. Host Dr Shana Tam and her guests discuss grass roots issues, such as transitioning from sessional to partnership roles, and how the GP Phoenix Programme can enhance your career enjoyment. There’s a deep dive into a Cheshire GPs experience of a 4-practice merger, plus a reel feel account of what it’s like juggling parenthood and being a GP.

Download the Podcasts / contact us on HelloPodcast@cheshirelmc.org.uk or www.cheshirelmc.org.uk